

# Bredon Hill Surgery



## Practice Team Doctors

Dr Jeremy Pawley  
Dr Simon Hill  
Dr Samantha Cooke  
Dr Katy Gines

**Nurses** – Alison, Hollie, Liz

**HCA** – Keriann and Georgie

**Phlebotomist** – Natalie

**Clinical Pharmacist** – Sofia, Germaine

**Advanced Nurse Practitioner** - Tracy

**Advanced Clinical Practitioner** – Suzi

**Care Co-ordinator** – Maddie Lawson

**Practice Manager** – Angela Maile

**Assistant Practice Manager** – Clare McDuff

**Dispensary** - Janice, Lesley, Debbie Caroline  
Diane, Alison, Yvonne, and Wendy

**Reception** – Alison, Anne, Beth, Emma  
Jayne, Jane, Jo, Lesley, Natasha, Jo, Louise  
Dawn and Julia

## Normal Opening Hours

**Surgery** Monday to Friday 8:30am – 6:30pm

**Dispensary** Monday to Friday 8:30am – 6:30pm (closed for lunch between 1pm – 2pm)

**If you need a doctor when the surgery is closed, please contact 111, or in an emergency contact 999.**

Telephone lines are open from 8am but are always busy so please call later if you can.

For test results please call between 1pm – 2pm or after 5pm

Dispensary phone lines are open from 12pm – 1pm and 4:30pm – 5:30pm.

**Dispensary Email Address** if you need to order medication; hwicb.dispensary.bredon.hill.surgery@nhs.net

**Surgery Email Address;** hwicb.bredonhillsurgery@nhs.net

## Surgery Staff News

Unfortunately, Dr Katy Gines is currently on prolonged sick leave, Dr Taiwo Tanimowo will be joining us from April to provide cover for Dr Gines patients. She will be working Wednesday, Thursday, and Friday's.

We had to say farewell to our Reception Caroline on the 18<sup>th</sup> April – We wish her all the very best for the future.



### The bowel Cancer Screening Kit can save your life.

Just a tiny sample detects signs of cancer before anything is wrong.

If you're sent a kit, put it by the loo.

Don't put it off.

[nhs.uk/bowel-screening](https://nhs.uk/bowel-screening)

### Have you used the NHS App to view your prescriptions?

If so, we would like to hear from you.

NHS England is gathering feedback about the new prescriptions functionality so we can continue to make improvements.

Please scan this QR code to register and provide feedback:



It's completely confidential and done at a time that suits you. We are also offering incentives for one-to-one interviews.



**Care Quality Commission**

The independent regulator of health and social care in England

Report Score

**Good**



**Armed Forces veteran friendly accredited GP practice**



## APRIL 2024 - NEWSLETTER

Use the right  
NHS service  
at the right  
time



### Self-care

Hangovers. Coughs. Colds.  
Bruises and grazes. Small cuts.



### NHS 111

Feeling unwell? Need medical  
advice? No GP to call?



### GP advice

Persistent symptoms. Chronic  
pain. Long-term conditions.



### Pharmacy

Minor ailments. Bites and stings.  
Upset stomach. Medication advice.



### Minor Injury Unit

Breaks and sprains. Minor burns and  
wound infections. Cuts and grazes.



### A&E or 999

Choking. Severe chest pain. Breathing  
difficulties. Blood loss. Stroke. Sepsis.

**Better  
Health** Let's  
do this

**NHS**

**QUIT  
SMOKING.**

1. Pick a quit date and add it to your calendar.
2. List your reasons to quit.
3. Use stop smoking aids to help manage cravings.
4. You'll have more money for other things.

<https://www.nhs.uk/better-health/>

### NHS 'Help Us, Help You'- Pharmacy Campaign

Think pharmacy first – Treating.

- Earache, Insect bite/stings, Colds - congestion
- Eye – conjunctivitis, dry/sore tired eyes, red eye
- Gastric – diarrhea, constipation, infant colic
- Gynae – cystitis, thrush. UTI's
- Pain – acute pain, ankle or foot, hip or pain swelling, knee, or leg pain
- Skin – athletes' foot, blisters, dermatitis, dry skin, and hair loss
- Mouth/Throat – Cold sores, flu like symptoms, hoarseness. Swelling – lower limb, foot, ankle



### Patient Participation Group Meeting – the date of the next meeting to be confirmed.

**This is an open meeting, but due to limited spaces we appreciate knowing who is planning to attend in advance.**

The PPG is a group of volunteer patients, carers, the practice manager and one or more of the GPs from the practice. A PPG is open to every patient on the GP practice list. All communities, groups, genders, ages, ethnicities, and disabilities representing the patient list are encouraged to join. There are no other membership requirements except that patients must be registered at the practice.

**Why should I join: -**

- You have been to the surgery as a patient, parent, or carer.
- You would like to support the surgery in offering the best patient care.
- You will also gain a better understanding of the NHS and gather feedback from other patients.

If you would be interested in learning more, do please contact our Chair [jschroder@btinternet.com](mailto:jschroder@btinternet.com) or Deputy Chair [faith.hallett1@gmail.com](mailto:faith.hallett1@gmail.com). We will be delighted to hear from you.

### DEFIBRILLATOR LOCATIONS

Bredon Hill	Westmancote	Eckington
Outside the Village Hall	Outside the Cricket Club	Eckington Parish Hall
Outside Drapers Shop	In the old telephone kiosk by the junction	Eckington Recreation Ground
In the old telephone kiosk at Queensmead		
Kinsham	Bredons Norton	Bredons Hardwick
In the old telephone kiosk on the main road	Outside the Village Hall	Outside the Cross Keys Pub

### Useful Links on our Surgery Website:

<https://www.bredonsurgery.nhs.uk/health-information/prescription-dispensary-information/>

<https://www.bredonsurgery.nhs.uk/health-information/carers/>